

## BECOMING A SUCCESSFUL, SAGE BUSINESSWOMAN CLASS EIGHT

Hi this is Stacey Mayo of [www.thesentelligentsolution.com](http://www.thesentelligentsolution.com) and this is Sage Business Woman mentoring program today we are going to do a number of things. We also have a bonus. For those of you who are able to stay ten minutes afterward, we have a bonus. We sense you are going to like it a lot but it's kind of an add-on, so if you are able to stay afterwards, great.

Today I wanted to first of all look with you at where we are in terms of your progress. We've done a lot of things for you in terms of opening you up to be able to attract more wealth. I want to first check in, as you know there are a lot of pieces to this puzzle. I wanted to check in on what you all are noticing in terms of your own abundance, primarily in terms of abundance of financial support. It could be clients showing up, it could just be feeling or knowing that you are more prosperous or that it's okay to attract more money. We've done a number of things for you. Just be for a moment and check in with your self.

As you look, look at your mindset: Is it okay for me to have a lot of money? Have more than I have now? We resolved some concerns in that area. Start there and notice what you notice. Notice what thoughts and what you notice. As you notice, make a note and send gratitude for any shift you notice. Allow it to be that there is shift happening, even in this moment. Energies are here for you to support you. If something feels uncomfortable, take a deep breath and let go.

Make note of what has already shifted. It's important. And so it is.

Stacey: Sherrie, are you there?

Sherrie: I am.

Stacey: So what have you noticed has shifted?

Sherrie: My confidence, even though I didn't take the Confidence Class, I do feel more confident. I do feel more capable. I'm not experiencing the extreme doubt and confusion as to what I should be doing when...that sort of thing.

Stacey: Good! Confidence in what way? In your skills, in what are you more confident, in what ways?

Sherrie: For a while it would seem like as soon as I would get a plan going, the rug would get pulled out from me and I would get spun around to be doing something else. Usually someone else needing my attention like a grave illness or family thing. I feel as if I have reestablished a space to take care of anything that happens on the outside as well as myself on the inside, including my goals.

Stacey: Good. Sherrie, I'm going to put you on the spot for a minute, okay?

Sherrie: Okay.

Stacey: How much money is okay for you to have? Just see what number comes up.

Sherrie: Two million a year.

Stacey: Now just be. And see how that feels. I sense a little bit of constriction when you said that.

Sherrie: It just popped out.

Stacey: When I look at it, I would say that this is a desire and there is a part of you that is saying, "No. Ain't happening." When you check in with that part of you that says it "ain't happening," what do you notice?

Sherrie: It's my part that knows what I am doing now. And when I first said it, it felt good, it felt good, and then I noticed a layer of a sort of out of body feeling. Then I just sort of integrated that a bit. I'm okay with not knowing where it comes from or how it gets here. But I think I could do that. I don't see it as too improbable. I have absolutely no idea how it would happen, but I don't think it is completely improbable.

Stacey: Is it okay. Never mind if it is improbable. Is it okay for you to have that much money?

Sherrie: I think so. I think my mother really is the only really not okay part in it.

Stacey: Try not to answer from your head, because "I think so" was from your head. Moms do come up.

Sherrie: She's not just in my head.

Stacey: There is something about, "I'm not sure that it's safe to have that much money."

Sherrie: Right. I have a very competitive mother.

Stacey: Just continue to be. And everyone else notice what's coming up for you around what number would you like to have and is okay to have it? Just notice what comes up? There is a difference between what we desire and on another realm, what we believe is safe or okay or actable. As you just be, ask yourself, "Am I willing to allow that old stuff to leave?" Your first response is likely, "Yes." Then notice what else is there. You may notice some constriction in your body or some tightness or nothing at all. Notice what you notice, say hello to it. And so it is. What we would like to do, with your permission, is what I call activate your wealth consciousness to a new level. What this means is that this old stuff that subconsciously not feeling safe about making a certain amount of money can just dissipate. If you have on any level said, "Yes," that will happen for you Divinely of the course of a week or a little more or a little less. Okay, Sherrie:

Sherrie: Yes.

Stacey: We are activating wealth consciousness to new levels. Levels that you desire to the degree able, and it may be that your wealth consciousness gets activated a number of times to get to the level you truly desire. Know that it is being done Divinely. Okay?

Sherrie: Okay.

Stacey: Thanks for playing, Sherrie.

Sherrie: You're welcome.

Stacey: And thanks for noticing what you notice. You said confidence, it has actually, have you noticed income coming in?

Sherrie: No, actually not income. It's just the preparation or the ability to receive is more stable.

Stacey: Good. Awesome. And that should get even stronger now.

Sherrie: Thank you.

Stacey: You're welcome. That is being done for all. As we look at your field, what we see is there is preparation to be able to handle more. There are signs of acceptance, and that is expanding as we speak. This what we call activation is designed for these issues that we sensed were needed.

There is another exercise I would like to do with you that I encourage you to do as often as you like, at least daily. I call it "Breaking Your Own Glass Ceiling." We all have one. What I want you to do is just visualize or sense if you don't visualize well, there is a ceiling above you. It is imaginary. It's a ceiling of a certain dollar amount or financial amount that you can allow at this time. I want you to see, imagine or sense, a hole punched through that ceiling, or a hole opening in that ceiling and financial abundance and energy of money coming through that ceiling into your field.

If for some reason you don't sense or see anything...I'm getting all of you are receiving, so it's all good. Any time you feel you are doing this exercise and you are not receiving any, just ask that the blocks be cleared at this next level and it will be done. Ask Source of Your Understanding to do that. Now what you are really doing is you are opening up the higher levels of wealth right now. Good.

If you have an experience or a question about that you would like to share, hit \*2. I truly encourage you doing this daily. If you meditate, it's a piece you can add to that meditation, practice. Every bit of this helps. It's something easy and quick you can do.

We had a question to come that I want to address. Always look for what you can benefit from these questions. The question came from Sally. Sally is having challenges with memory and learning, and technology, and nothing seems to be helping. You may have some area where you feel like nothing seems to be helping enough. Notice what area that is for you. Intend this will benefit you in whatever area that is for you.

Stacey: Sally, I have you unmuted. Hi.

Sally: Yes, I'm here.

Stacey: As I looked at your field ahead of time, what I saw is there is this, "I'll never be smart enough." That issue we would say corded to you. Meaning there are cords from other times and space that kind of have ingrained this. As we looked further, what we saw was there was at one point this stone wall that something to the effect of "You'll be stupid forever." Where did this come from, because it's certainly not the truth?

Sally: It was very likely what's coming to me in other lifetimes when I had a higher realm of knowledge, information and healing abilities. All of the towns people or church people or whatever they were told me, "Who do you think you are, spouting these things and they're not true." Things like that.

Stacey: Good. So yes, it was not exactly blasphemous but things you said weren't accepted and so it was perceived that you were incorrect because they didn't want to hear it. That sunk in that you were not smart and that your information was incorrect and that you were stupid to share things to people who weren't willing to hear them. Just be. Some of you may resonate with something similar to this or not. Notice whatever is there for you. We answer these questions in class for a reason. Because so many can benefit on a number of levels what comes up for one. Healing is occurring for all at this time. It is so. Sally, you can affirm, "I am smart," to kingdom come. On some level, there needs to be I would call an intelligence activation happening. That is what is being done for you now...an intelligence activation. You need to trust that this will not make you too smart or cocky. But rather, it will align you with a level of knowing that is Divine. If you like that, just silently say, "Yes." That is for everyone.

Sally: Stacey, I also stated technology as a separate issue. Since I emailed you that, different pieces have been falling into place for me day by day. What I'm being given is that I was with a group of people that were highly evolved technology wise. And we did something that was very, very destructive, caused deaths and a lot of...our intentions were positive, but the outcome didn't match what we wanted to accomplish. And I made a vow that I would never, never, never use technology again.

Stacey: Okay. Let's just stay with this first another minute, and then we'll go there.

Sally: Okay.

Stacey: We make a lot of vows that can affect us, so we do want to talk about that. We are in a time in our consciousness where the old stuff has to go bye-bye. It just cannot be here in a way that works anymore. It holds us down. There could be a vow of, "I can't be too smart. I can't outsmart my Mom. I can't be smarter than my spouse. I can't be smart in public or I will have egg on my face for thinking I'm smarter than I am." There are a lot of reasons we feel we can't be a certain level of smart. Notice what comes up for you about why you can't be smarter than you are.

Sally: I'll be ridiculed, shamed and punished, imprisoned, beaten, executed.

Stacey: Okay, time to let all of that go. You say, "Nothing is working." Well, let's say new energies of a new sort are here to help us. As we activate your higher knowing, all that can dissipate. Let's just do that for a minute and then I want to about vows a little more. Activation is happening for you all about your higher knowing in Divine timing. We started with wealth consciousness and now we are here. They do affect each other. This will continue Divinely.

In terms of vows, just notice what comes about a vow you might have made. Say hi to those. More may come to your consciousness. That is just naturally going to happen in these times with the ascension energy. They will naturally leave. If you feel that you need to, you can just say, "That vow is no longer valid." And it is done. When you notice them, if it feels good just say that it's done, and it is. They are just leaving naturally. What is coming up in the world, again separate from this program but we're letting you know so you can deal with it, understand it better. And so it is.

Sherrie, about the technology piece, that's a vow to let go of as well, that you can't do technology anymore. And as far as releasing and forgiving yourself for what was done in the past, that is a good thing to do. You can do it once and then let it go. For you are right, it was pure intentions. Okay, Sally?

Sally: Yes, yes, that's very helpful. I just feel a difference and a shift and I've been doing some deep breathing and it's settling in and calming. So you've had some very good insights, thank you.

Stacey: You are very welcome. Thank you for bringing the question to me, because I know it's helping everybody, including you.

Sally: I'm glad.

Stacey: I really want you all to get that. A question may seem so personal, but I'll tell you if it's up for you there is a piece of it that is up for everybody. We were all drawn together for a reason. Do your best to remember that. Thanks, Sally.

Sally: You're welcome.

Everyone just be. I'm going to encourage everyone to stand up and stretch. Get some liquid refreshment to help with this and then come back.

All right. I am back. There is a lot coming up. Just notice it and say hi and say bye. Good.

We want to talk about tactical again. We're dealing with things on all levels. As you go forth and you prepare for your launch of whatever program or product it is, we gave you a number of ideas last time. What I really want to suggest is that you now put a date on your calendar for an actual launch to bring a program or product out that feels Divine to you in bigger ways. Notice what date comes up when I say that – to actually bring it out into the world in a bigger way, called the launch date.

Say hi to that date. You may go, "Wow, that's not the date I wanted." Or you may go, "Yay, I have a date!" Maybe you wanted it to be sooner or not so soon. Just be. The date that is coming up for you is likely Divine. If no date came up, just notice that, too. There may be some fear of actually bringing it out there still. How many of you received a date, hit \*2? Okay, good.

Stacey: Connie, are you there?

Connie: Yup.

Stacey: So you didn't get a date.

Connie: I should say I felt like January 12th, but I don't trust that because in our last call you mentioned January and so I had that running through my mind already. So I'm questioning that. Checking on my calendar, it's a Monday. I have some fear around this.

Stacey: Okay. There is confusion when there is fear. Just be. Everyone just be. Say hi to that confusion and fear like I won't be ready or never enough or whatever it is. Connie, what are you noticing?

Connie: I guess I'm noticing I'm kind of going into a meditation. Just being with myself. Just being. I shifted into just being here.

Stacey: Okay, good. Everyone else notice what is there for you as well. May be there is a vow to never go out with this work that needs to be disavowed. I'm getting that, too for some of you. Like underneath that lack of confidence is something deeper.

Connie: For me, I have such a conflict inside. There is such a strong yearning and desire to be engaged in the healing but there is such a strong resistance against it. It's a paradox inside of me.

Stacey: That resistance is there is a vow after vow after vow of "I cannot do this, I cannot do this, I cannot do this." Allow them to all come up and be disavowed. Important, important, important for all. Because when we try to go forward with these things in place, it can be like hitting your head against a brick wall. Nobody wants to do that. And so it is. There needs to be some level of trust that you will really know when you are ready. You'll have so much get-up-and-go about it. It's time. If you are not feeling that right now, then that means there is some old stuff to be shown and disavowed and released or we're going to call this passion activation. And we're also going to say disavowing activation, both. This will help because there are so many layers of the vows that it will help to have some background assistance of the Divine sort.

Connie: Okay.

Stacey: For everyone here and everyone listening. And so it is. Connie, trust that the date will get clearer as the stuff in the way dissipates. As we look at your field, say is there anything else? I'm asking can we do a launch activator for anything that's in the way with you being aligned with what you want to launch. We're going to look at that. Connie, do you know what you want to launch?

Connie: I feel like I'm already in alignment with it. I feel like I would love to have a retreat center to do a retreat where people can come to connect with their heart, with their passion, how they shine, their dreams. And then find that courage to turn around and start shining their gifts to the world.

Stacey: Nice. The passion is there and under that passion are vows of, "I won't do this ever again." So the passion there on one level. Just be for another moment. Just notice what else is there.

Connie: I feel a big issue for me is that I feel like I have really got this inside running pattern that I'm not supposed to shine brighter than anybody else. I have to camp and hide my light and I really, really feel that I'm here to help others to shine and I really, really want to shine. There's something in there that says, "You are not supposed to shine brighter than anybody else." But that's what I'm supposed to do, help others to shine.

Stacey: That's also in energies about putting ourselves first. I can teach others to shine, but I can't shine.

Connie: I know.

Stacey: There is a vow that it's egotistical to shine. It's not okay to shine. All of that, right?

Connie: Yes. And there will be others who will resent that or not understand, but it's just simply because they don't know who they are.

Stacey: Most of us can relate to this as well. You can see the layers of this onion. We're going to activate what is needed to allow these to be seen when they are and disavowed in a way that is gentle and kind, and deleted and dismissed and removed. And so it is. If you would like everything to be gently dissipated, removed as it dissipates, it's in the way of you bringing out your program or service in a bigger way to people that works for you and for them, and allow you to make your rightful abundance and empowers them, then say so silently. And it is being done.

We talked about how this program was aligning you with what you wanted to bring out and this is indeed where we are in this process, at new levels. This is not only stuff that is in the way of launching, it is in your way, period. It's just very, very old. Okay, Connie?

Connie: Yeah.

Stacey: Remember to say hi to it and as you do, it helps the process. We can get mad about it, like it's been in my way this whole time why didn't I know that? That doesn't really help. Things are coming up faster these days in the energy of the world and you're in this program to help you understand it and to help you move beyond it. We would like to say I wish this was done a long time ago, but we are where we are. So letting go of that resentment or anger...just say hi to it. Notice it. Then let it go. Okay, Connie?

Connie: Okay. Yeah. Thank you.

Stacey: Thank you very much.

That was a lot today. If a date felt right for you, put it on your calendar. Know that you are continuing to be aligned so that you can bring your gifts, your ideas, out into the world in ways that really work for you and for others. In bigger ways than before.

We said there was a bonus and we're going to move into that. Just be for another moment or two.

The bonus is from Source a gift to you. The gift is another, not quite a prayer, but something to help you with your ascension. Here it is. Take your hands and put them in receiving position.

Allow in energy of beauty. And so it is. As we move to new levels, and see the beauty in all, life gets better. There is beauty everywhere. This will help you in noticing it and blessing it in ways that feel right for you.

Now we give you the energy of confidence. As you allow yourself to be confident that you are in the right place at the right time that on some level this journey is Divine. And so it is.

Allow in love. As you allow in love, on yet another level, you become more of who you really are. As you allow your feelings to be what they are, sometimes it may seem to be a shadow side of love. And so it moves.

Receive energy of being or be. And as you do and allow it in to whatever level you can. Take a deep breath and let go. And so it is. When we say be, we mean allow for all...for your feelings...say hi to them...for rainy days, for cloudy days, for sunny days. For days when you feel like all is when and days when you don't. And when you say hi and be, you can shift and rotten day can turn out to be a great day. And so it is.

We're all just moving to a new way of life. This is meant to make that journey more palatable with more ease, more grace. We all signed up for this journey. You could say it is for your evolution, as it is. Let's have it be easier and more graceful. No one really knows what they sign up for – how it will be. How hard or challenging it might be. Release and forgive yourself for perhaps signing up for things that you didn't know would be the way they are. And intend that it be an easier journey for a wonderful end point. And so it is.

Things are being sent your way. Enjoy this day. Namaste.

That was the extra for today. It was not part of this class, but it is Divine given what is going on and the energies of all.

We have a coaching call scheduled for next Thursday at 2pm Eastern and then another one for November 18<sup>th</sup> at 11am Eastern. Then FYI, for December we have class on December 2<sup>nd</sup>, Coaching call on December 11<sup>th</sup> at 2pm Eastern and a Coaching call on December 16<sup>th</sup> at 11am Eastern. If anything changes, I'll let you know but that is what we have scheduled at this time. There will be reminders send out. I'll say them one more time. November 13<sup>th</sup> at 2pm Eastern, November 18<sup>th</sup> at 11am Eastern, December 2<sup>nd</sup> at 11am Eastern, December 11<sup>th</sup> at 2pm Eastern and December 16<sup>th</sup> at 11am Eastern.

I'm sending you all love and blessings. Know that a lot was brought to the surface today to assist you. Make sure and notice the positive shifts. Say hi to that which is positive and not. Woo Hoo that which is positive. Say hi that which you don't perceive as positive and then let it go. Intend for things to flow and allow it to be so. We're in a poetic mood.

I love, love, love all of you. We're going to call it a wrap. Let's do a "Woo Hoo." I'm taking you all of mute. Can we get a "Woo Hoo?" One, two three:

Group: Woo Hoo!!

Stacey: All right. I love you very much and we'll talk soon. Bye Bye.

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